



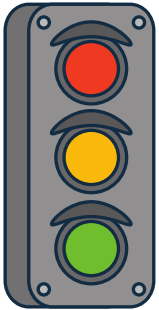
# BICYCLE SAFETY TIPS

## Protect Your Brain



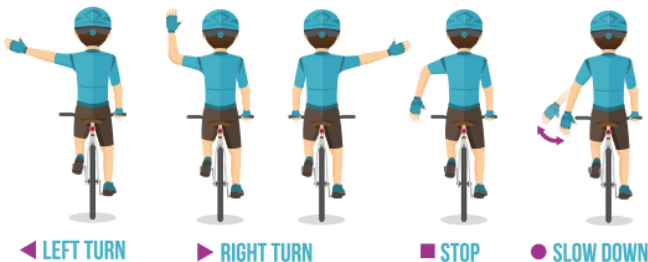
Wearing a helmet properly reduces your risk of head or brain injury by over 85%. Your helmet should sit level on your head with the chin strap fastened. It should be snug, but comfortable.

## Take a Brake



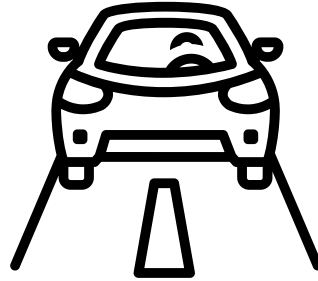
Stopping at stop signs and traffic signals is required by law.

## Signal Your Movements



## Go with the Flow

Ride with the flow of traffic. Wrong-way riding on the road is against the laws and is a leading cause of crashes.



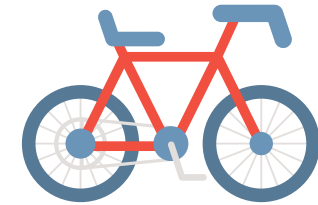
## Ride Bright

At night or when visibility is poor, cyclist are required to use a front white light and rear red reflector. Always wear high visibility clothing and reflective vest. By following these tips, you will improve your safety.



## Give Yourself Some Space

Take the full travel lane when warranted and move back over to the right as soon as it is safe to do so. Ride no more than two abreast and single up if faster moving traffic is backing up behind you.



## Leave Sidewalks to Pedestrians

Bicycling on the roadway is typically the safest option for people on bikes. If a sidewalk is the only option, use extra caution when entering streets, driveways and crosswalks especially if traveling against the flow of roadway traffic. Slow down and make eye contact with road users that might not see you. Dismount and walk through marked crosswalks.



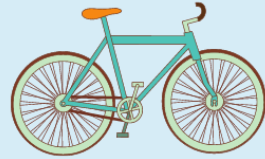
**BORROW A BIKE  
PEDDLE YOUR  
WAY THERE**

**PERRY COUNTY  
BIKE LENDING  
1-833-YOU-GOGO  
(968-4646)**

**PERRY COUNTY  
BIKE LENDING  
PROGRAM  
1-833-968-4646**



**Grocery  
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Shopping**



**Wellness**



**Bring Your Bike Along  
Board P.C. Transit  
Increase Your Travel Options**



**Appointments**



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**Employment**



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**Perry County  
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